



YAFFA  
ZHAV  
SKIN CARE



YAFFA ZHAV SKIN CARE

For details contact Zhav International on

phone **+61 8 8362 0222**

email **info@zhav.com.au**

**www.zhav.com.au www.yaffazhav.com**



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Yaffa Zhav Anti-Ageing  
and Slimming Centre

*Beauty with Nature*

## THE BEAUTY LEGEND BEHIND THE WORLD'S PREMIUM SKIN CARE RANGE



Yaffa Dunning M.D.

A woman with a commitment to natural solutions, Yaffa Zhav also has the credibility and intuition that comes with over 30 years' experience as a beauty entrepreneur and innovator.

Yaffa has spent her life researching and refining natural beauty techniques that deliver the proven results that modern people demand. "There isn't a person alive who wants to look as though the

*"I believe that the answer lies in natural solutions that work in harmony with the skin and body"*

effects of age and environment are evident on their face," says Yaffa, "But by the same token, no one really wants to resort to surgery. I believe that the answer lies in natural solutions that work in harmony with the skin and body, stimulating, detoxifying and regenerating. Nature has the answers. We just need to put careful research into finding them."

YAFFA ZHAV SKIN CARE range is the result of Yaffa's years spent searching for natural ways to deliver visible results in anti-aging. Finally, here is a selection of products created for discerning users who really want to see a difference when they look in the mirror. Determined to deliver the very best for people everywhere, Yaffa herself has been personally involved throughout the creation of this range, monitoring research, production and

testing. You can be assured that each product in the range represents an effective combination of natural formulations that will work together with your body for skin that is toned, firm, fresh and younger looking. Beauty with Nature has been the vision from the very start...and only the very finest carries the name of a beauty legend –Yaffa Zhav.



# YAFFA ZHAV DERMO PLANT STEM CELLS



*from  
the apple*

Yaffa Zhav is proud to present the revolutionary PhytoCellTec technology. Plant stem cells are obtained and incorporated into cosmetic products to ensure the longevity of skin cells, resulting in amazing Anti-Ageing effects.

Moreover, the line combines some of the best anti-ageing ingredients:

- Matrixyl 3000, for significant wrinkle decrease.
- Chronodyn, provides energy for the cells.
- Idealift, protects against skin sagging.
- Chromocare, for radiance effect.
- Dynalift, for immediate lifting and firming effect.

## PLANT STEM CELLS

Stem Cell technology is based on the fact that our skin has the ability and the potential to remain young. This ability exists in our Stem Cells, which are located in the basal layer of the epidermis. Their function is to replenish and maintain the balance of cells within the skin tissue and regenerate damaged tissues during injury. The Stem Cells monitor the correct function of the skin, therefore keeping it healthy.

As the skin ages, the ability of our Stem Cells to function decreases. In order to solve this problem, PhytoCellTec re-encourages our skin Stem Cells to perform better, by using outer Stem Cells from a plant origin.

PhytoCellTec is rich in epigenetic factors and metabolites, thus providing the cosmetic benefits of:

- Protecting longevity of skin Stem Cells
- Delaying senescence of essential cells.
- Rejuvenating the skin.
- Decreasing wrinkles depth.
- Fighting against chronological ageing.

## ANTI WRINKLE DAY CREAM

This advanced Day Cream is enriched with plant Stem Cells whose function is to boost the skin's Stem Cells into a more effective intense action. The Day Cream contains Matrixyl 3000, for a strong anti wrinkle effect, and Renovage, for improvement in firmness and elasticity.

## ANTI GRAVITY CREAM

The Anti-Ageing Day Cream was developed to fight against skin sagging and to improve resistance to gravity. This Day Cream is based on 2 main ingredients: the first is plant Stem Cells, whose function is to promote balanced and healthy skin activity, which leads to a delay in skin ageing. The second is Idealift- an innovative active ingredient that helps ageing skin to fight against cutaneous sagging, decreases the visible effects of gravity on the skin, and provides a significant lifting effect. Moreover, the formula contains Matrixyl 3000, whose anti-wrinkle property was demonstrated through In-Vivo and In-Vitro tests.

## RADIANCE EFFECT CREAM

The Anti-Ageing Day Cream was developed in order to achieve a radiant and beautiful skin, and to delay the marks of ageing. The Day Cream is enriched with plant Stem Cells to boost the skin's Stem Cells into a healthier and more effective action. The Day Cream contains the innovative active ingredient Chromocare, which fights against chromophores ageing and skin damage by protecting the skin from oxidative stress. Moreover, the cream contains, Matrixyl 3000 for a strong anti wrinkle effect. The result is an improvement in texture and age marks, which leads to younger and radiant looking skin.

The line is based on natural ingredients for texture and preservation, hence without: Parabens, Propylene Glycol, Mineral Oil, Petroleum etc

## ENERGIZING NIGHT CREAM

Most of the rejuvenating and rebuilding activity of the skin takes place during the night. This Night Cream provides essential Active ingredients designed to assist the skin to perform these actions more effectively. The cream encourages the activity of the skin's Stem Cells, which results in visible anti-Ageing effect. In addition, the formula contains the powerful Anti-Ageing Active Ingredient Matrixyl 3000 with the unique ability to significantly decrease the depth of wrinkles, and Chronodyn, to stimulate cutaneous vitality and energy, to firm the skin and reduce the signs of fatigue.

## REJUVENATING EYE CREAM

The eye area is the most important part of our face. Therefore it should receive special treatment. This Eye Cream acts to decrease the appearance of wrinkles and fine lines and to delay the marks of ageing. The Eye Cream contains plant Stem Cells – unique Active ingredient whose function is to boost the human skin's Stem Cells to perform better, in order to achieve a younger and healthier look. The formula contains Chronodyn – which stimulates cutaneous vitality and energy and provides the skin with the ability to assure its regenerative functions. Chronodyn firms and tones the skin, and fights against signs of fatigue. Moreover, the cream combines the powerful active ingredient Matrixyl 3000 with the strong ability to significantly decrease the depth of wrinkles.



## ANTI AGEING BEAUTY MASK

A creamy, rinse-off facial Mask, formulated with the innovative PhytoCelltec technology, whose function is to boost the human skin Stem Cells performance, in order to achieve a younger and healthier look. This excellent mask contains Renovage – a comprehensive Active Ingredient that fights against all signs of ageing and Matrixyl 3000 with a strong wrinkle-decrease effect.

In addition, the formula is enriched with clay and Bamboosilk to absorb dulling surface sebum and impurities, and leave the skin visibly refined and refreshed. Reveals radiant new skin and eliminates signs of stress and fatigue. Excellent for all skin types.



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# Younger. Firmer. Smoother.

## NATURE GOES EVEN DEEPER FOR THE ULTIMATE RESULT

It's not just the 5 key anti-aging compounds in YAFFA ZHAV SKIN CARE range that are derived from the natural world. Right throughout every product, you'll find plant compounds and extracts, natural vitamins, acids, oils and liposomes. After all, there's nothing artificial about real beauty.

The oils used in YAFFA ZHAV SKIN CARE range are all unsaturated and derived from plants such as jojoba, almond, olive, wheatgerm, rose hip, primrose and borage. Natural linolenic acids, produced mainly from evening primrose and borage oil, are a very close match to the oily acids naturally present in the skin.

**Natural Moisturising Factors (NMF)** used are also the same as those naturally found in the skin - namely Hyaluronic acid to hydrate and maintain skin moisture balance, and Sacchaide isomerate, which has

a high concentration of carbohydrates and high sugar content – this also aids and protects skin moisture balance.

Specific natural Vitamins have long been known for their beauty benefits, and in YAFFA ZHAV SKIN CARE range these include Vitamin A to promote renewal of cells in the epidermis, slowing the skin's aging process. Vitamin C is necessary for collagen production, and also helps protect against harmful environmental factors. Vitamin E works especially on the outer membrane of each skin cell, its high concentration of antioxidants helping to neutralise damaging free radicals. The Vitamin E in YAFFA ZHAV SKIN CARE range is sourced mainly from wheatgerm. Vitamin F is used to enhance the skin's natural suppleness. It also speeds metabolism, and along with it, boosts oxygen supply to the skin cells. Liposome micro-molecules help raw ingredients penetrate more deeply into the upper dermal layers.

There are many natural soothing elements that have been recognized for years by experts such as Naturopaths. Yaffa first chose Witch Hazel, a natural favourite for many decades. Allantion soothes as well as counteracting floridity. Aloe Barbadosensis, taken from the Aloe Vera plant, is famous for its soothing qualities. Kaolin supplements Allantion in reducing floridity, with the added ability to counteract swelling. Lipogard works on the energy centres of the skin cells, activating them and helping the cells' breathing function, which in turn slows aging. Finally selected Algae help guard against radiation and environmental damage, at the same time providing the skin with an essential energy source.

At its very heart, Yaffa Zhav Skin Care is true to Yaffa's philosophy that nature is the best source of effective skin care that works in complete harmony with the needs of our bodies. Expect excellent results, a fresh feeling, and skin that is soothed, refreshed and invigorated

# Beauty with nature

## NOW WITH 5 MORE UNIQUE BENEFITS

It took a perfect synergy of nature and science to create a Skin Care range worthy of the name Yaffa Zhav.

Now a unique 5-way formula brings even more true anti-aging benefits to the premium Yaffa Zhav Skin Care range – a range that is redefining what women expect from their beauty routine.

YAFFA ZHAV SKIN CARE range is recognized by the world's leading beauty authorities as a major advance in beauty; one of its key ingredients, a synthetic pep tide, won the Swiss Technology Award. 5 breakthrough formulations are at the heart of Yaffa Zhav Skin Care's radical anti-aging performance.



### SYN®-AKE

Is a synthetic pep tide that mirrors the effects of Walgerin, an exotic but beneficial pep tide found in nature. Clinical trials have proven its ability to reduce wrinkles through inhibiting muscle contraction – in fact trials have shown a -58% reduction over a 28 day application.

### SYN®-COLL

A patented method of synthesizing peptides, SYN®-COLL stimulates collagen production via TGF (Tissue Growth Factor), with a proven, smoothing anti-wrinkle factor of as much as 350%.

### PEPHA®-ACTIVE

Extracted from a unique natural algae that is considered a stress manager, PEPHA®-ACTIVE energises skin, stimulates the mitochondria – your skin cell's energy centres – boosts cell turnover and metabolism within the skin.

### PEPHA®-TIGHT

Extracted through biotechnology from micro algae and enhanced with polysaccharides, PEPHA®-TIGHT instantly tightens the skin. Its Vitamin C and Vitamin B12 components also anti-oxidise and stimulate new cell formation.

### PREREGEN®

Formulated from isolated plant-based peptides, PREREGEN® protects from environmental damage caused by ozone, smog, sun, cold, dry air and common airborne pollutant chemicals. The formulation acts as a shield; clinical tests show visible improvement in firmness, reduction of superficial lines and increased skin moisture after just 8 weeks use.



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## SKIN FRESHENERS AND CLEANSERS

### THE VITAMINS AND YOUR SKIN

Vitamins are essential for the health of the skin: they reduce wrinkles and rejuvenate the skin, enhance water binding capacity, increased skin elasticity, acts as an antioxidant agent and protect and treat sun damaged skin.

However, vitamin structure is not very stable and can be easily damaged as a result of oxidation or changes in the pH.

To answer this challenge, Yaffa Zhav Skincare presents a unique and innovative method of preserving the vitamins in there perfect state and delivers it directly to your skin.

Vitamin A, C, E, and co-enzyme Q10 are inserted to micro capsules which sustain and protect their functionality, stability and efficiency.

The micro capsules technology isolates the vitamins and prevents diffusion into and out of the capsule, and controls the release – only upon application.

The micro capsules come in varied colors, allowing you visualization of vitamin absorption into the skin!

**BLUE** capsules contain VITAMINS A & E.

**YELLOW** capsules contain VITAMIN E & CO-ENZYME Q10.

**GREEN** capsules contain VITAMINS C & E.

**RED** capsules contain VITAMIN E.

### GENTLE CLEANSER

For normal to dry skin

An exceptionally effective, light textured cleansing milk. Cleans the skin thoroughly, balances its oiliness and protects its natural moisture level. Contains Witch Hazel, a plant extract that helps relax the skin.

### DEEP CLEANSING GEL

For oily, combination and troubled skin

A foam gel for deep facial cleansing and purification without drying the skin. Based on an exclusive combination of ingredients, including seaweed, Witch Hazel, and a large percentage of soothing elements. Leaves the skin with a matte, fresh, silky appearance.

### PURIFYING GEL

For normal to dry skin

A foam gel for deep facial cleansing and purification without drying the skin. Based on an exclusive combination of ingredients, including Witch Hazel, and a large percentage of soothing elements. Leaves the skin with a fresh, silky appearance. Contains minerals that protect against environmental damage, preserving the skin's natural moisture.

### GENTLE FRESHENER

For normal to dry skin

An exceptionally gentle, alcohol free skin freshener designed to refresh the skin and complete the cleansing process. Balances the skin's natural moisture levels after use of a gentle cleansing emulsion. Because it is completely free of alcohol, it is suitable for even the most delicate skin types.



## TREATMENT MASKS

### ENZYMATIC PEELING MASK

For all skin types

A unique peeling mask to dissolve dead skin cells and rejuvenate skin texture. Contains jojoba wax and fruit extracts with moisturizing and nutritional qualities.

### EXFOLIATING PEELING MASK

For all skin types

A light, delicate mask containing granulated apricot stones for thorough, non-abrasive cleansing of the skin and removal of dead skin cells. Enriched with soothing and moisturizing ingredients to give the skin an especially clear and radiant appearance.

### NATURAL PEARL MASK

For dry skin

A mask containing powder derived from natural pearls to give the skin an exceptional brilliance. Contains soothing ingredients as well as borage oil to penetrate, natural fatty acids, avocado oil, rose hip oil for nutrition, and Vitamin E to counteract acidification. Use as a beauty, nutrition and moisturizing mask for immediate results.

### RELAXING BEAUTY MASK

For dry skin

A beauty mask enriched with moisturizing and soothing elements. Adds a radiant, supple, fresh appearance to the skin and eliminates signs of stress and fatigue.



### ENRICHED MOISTURISING MASK

For dry and sensitive skin

This is a soothing, hydrating mask that leaves the skin looking radiant. Ideal for sensitive skins. This is an ideal mask to use after microdermabrasion.

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## SERUMS AND INTENSIVE TREATMENTS

### ANTI-AGING FIRING CAPSULES

For dry skin

Exclusive capsules based on an innovative skin-firming formula designed to combat the signs of aging. Enriched with moisture and nutritional elements. Contains fatty acids enriched with Omega 3, Chinese Ginseng root oil extract, Vitamins and plant oils, resulting in skin with an especially smooth, radiant and fresh appearance.



### ANTI AGING EYE CAPSULES

For all skin types

An all-new formula containing advanced active ingredients that encourage the skin to combat the effects of age.

### TOTAL EFFECT SERUM

For dry sensitive skin

An therapeutic serum in an exclusive formula to combat the effects of time. Contains 4 main ingredients - SYN®-AKE, SYN®-COLL, PEPHA®-CTIVE, PEPHA®-TIGHT

The serum also contains the following active ingredients: Saccharide Isomerate: an exclusive substance that produces a significant and especially long-lasting increase in the skin's moisture level. Prophyridium/Zinc Ferment: a zinc enriched seaweed extract with anti-inflammatory effect; also protects against free radicals. Tocopheryl Acetate: an anti-oxidant commonly known by the commercial name of Vitamin E. Ascorbic Acid: Vitamin C to protect against UV radiation damage, add vitality to skin cells and enhance collagen growth. Witch Hazel: a soothing substance that prevents irritation.

### ANTI AGING SERUM

For dry and extra dry skin

A highly effective treatment serum formulated with unique ingredients for maximum protection against skin damage. Enriched with Omega 3 nourishing element to repair and enhance the skin's appearance. Vitamin E for protection against environmental damage, and a unique combination of nourishing plant oils such as avocado, oblificha and evening primrose. Recommended for use on thoroughly cleansed skin underneath night cream.

### GOLD SERUM

For dry and dehydrated skin

The Yaffa Zhav Miracle 24 Carat Gold Serum and Gold Mask contains nanowater which helps highly active ingredients stay stable until they reach deep within the skin, into the damaged skin cell.

### VITAMIN C+E SERUM

For normal to dry skin

A therapeutic serum to combat the effects of time. Contains an exceptionally high concentration of Vitamin C to promote the renewal of collagen in the skin. Quickly absorbed, it provides maximum protection from the harmful effects of the environment, and instantly enhances the appearance of the skin. Especially effective formula enriched with Vitamins E and F for protection against free radicals, soothing ingredients and a combination of seaweed and zinc to stabilize skin texture. Contains sun screens.



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# REJUVENATION CREAMS AND MOISTURISERS

## TOTAL EFFECT DAY CREAM SPF-15

### For dry sensitive skin

An advanced moisturizing cream based on an exclusive, all-new formula containing 4 main ingredients – SYN@-AKE, SYN@-COLL, PEPHA@-CTIVE, PREREGEN@.

With sun screen SPF-15.

The Day Cream also contains the following active ingredients;

Saccharide Isomerate: and exclusive substance that produces a significant and especially long-lasting increase in the skin's moisture level.

Squalane: a natural, fragrance-free, colourless oil that accelerates the skin's capacity for regeneration, nourishment and protection, and is considered effective in minimizing the effects of time on the skin.

Sodium Hyaluronate: creates a thin film to fix the skin's moisture level. Produces a noticeable improvement in the skin's youthful, healthy, smooth and subtle appearance.

Allantoin: a plant-based substance to soothe the skin and prevent irritation.

Borage Oil: a natural, plant-based oil producing a significant improvement in the overall health of the skin. Preserves the skin's moisture and smooth, delicate appearance.

## BALANCING MOISTURISING CREAM

### For normal to oily skin

A light, quickly absorbed moisturizing cream with especially gentle texture. Protects the skin from environmental damage and the effects of time, and preserves natural moisture balance. Contains sun screens.

## TOTAL EFFECT NIGHT CREAM

### For dry sensitive skin

An advanced moisturizing cream based on an exclusive, all-new formula containing 4 main ingredients – SYN@-AKE, SYN@-COLL, PEPHA@-CTIVE, PREREGEN@.

The Night Cream also contains the following active ingredients;

Squalane: a natural, fragrance-free, colourless oil that accelerates the skin's capacity for regeneration, nourishment and protection, and is considered effective in minimizing the effects of time on the skin.

Borage Oil: a natural, plant-based oil producing a significant improvement in the overall health of the skin. Preserves the skin's moisture and smooth, delicate appearance.

Saccharide Isomerate: and exclusive substance that produces a significant and especially long-lasting increase in the skin's moisture level.

Sodium Hyaluronate: creates a thin film to fix the skin's moisture level. Produces a noticeable improvement in the skin's youthful, healthy, smooth and subtle appearance.

Nikkol VC: a derivative of Vitamin C to protect against UV radiation damage. Also adds vitality to skin cells and promotes collagen growth.

## MULTI ENERGY CREAM

### For normal to dry skin

An especially active cream to nurture and moisturise the skin. Effective "first aid" for tired or dry skin in need of revival. Light in texture and quickly absorbed. Contains a high concentration of mini-capsules that dissolve slowly on the skin, eliminating signs of aging and tiredness.

## DARK CIRCLES & PUFFINESS REDUCER

### For all skin types

Formula created to assist in reducing the appearance of dark circles and chronic puffiness in the orbital eye area. Notice the difference within 48 hours.

## RETINOL DAY CREAM SPF-15

### For normal to dry skin

Protection and rehabilitation for the skin in a day cream including SPF-15 for regular, dry or very dry skin. Moisturises and rejuvenates the skin and provides maximum protection from environmental damage. Improves skin texture and provides instant moisture. Contains Retinol, and is enriched with Vitamin E and sun screens, as well as Vitamin A in a micro capsule form to ensure its stability and effectiveness when mixed with other raw materials.

## VITAMIN C NIGHT CREAM

### For dry skin

A nutritional cream providing maximum protection from harmful influences, and producing an immediate improvement in the appearance of the skin, with a high concentration of Vitamin C to encourage renewal of collagen. Exceptionally effective formula, enriched with moisturizing additives, olive oil, wheatgerm oil, Vitamin E and a variety of soothing elements.



## THROAT AND DECOLLETE

### For all skin types

Especially developed for use on the delicate skin of the throat and décolleté area. Enriches the skin with moisturizer and natural elements, firms and provides maximum protection from the damaging effects of the environment and time. Includes anti aging ingredients especially selected for this delicate area.

## WHITENING CREAM

### For all skin types

Daily use of the whitening cream results in a progressive reduction of the quantity of melanin in the skin. The skin's complexion will visibly improve with less visible spots and a more even complexion. Also blemishes, lines and open pores will be less apparent. Clinical studies have shown that yellow or red skin colour also will have a brighter complexion.



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## 24 CARAT GOLD FACIAL - CONTAINS PURE GOLD POWDER

### EXPERIENCE THE LATEST INNOVATION IN ANTI-AGEING AND SKIN REJUVENATION, 24 CARAT GOLD FACIAL

The perfect combination of 24 Carat Gold Serum and Gold Mask infuses an age reversing peptide into the skin via leading edge micro-current technology. It is a relaxing and pampering treatment that will make you feel good while providing you with outstanding results quickly.

Just one Gold Mask treatment will help relax the facial muscles, reduce the appearance of lines and improve the plumpness of skin to provide visible results in the form of glowing youthful skin.



The Gold Mask is infused using micro-current technology, the active ingredients penetrate the skin more deeply to stimulate muscle tissue and give dramatic results very quickly, immediately followed with the Yaffa Zhav Gold Serum resulting in glowing and healthy looking skin.



### Contains Pure Gold Powder.

This mask will return damaged sensitive skin to the original healthy, glowing and firm skin.

The Yaffa Zhav Miracle 24 Carat Gold Serum and Gold Mask has the following benefits:

- Firming effect containing Collagen, Elastin, Centella Asiatica Extract and Peptides
- Antioxidant
- Calming Anti-inflammatory
- Skin Hydration

The Yaffa Zhav Miracle 24 Carat Gold Serum and Gold Mask contains nanowater which helps highly active ingredients stay stable until they reach deep within the skin, into the damaged skin cell.



# YAFFA ZHAV DEAD SEA MINERAL BEAUTY PRODUCTS

## For all skin types

A selection of products based on the unique mineral compounds of the Dead Sea region, scientifically refined, enhanced and blended with natural liposomes to nourish and rejuvenate the skin. Yaffa Zhav Dead Sea Treatments are endowed with natural floral fragrances for a total experience of luxury and relaxation.

## DEAD SEA BODY LOTION

A hydo based, delicately textured and quickly absorbed body lotion. Enriched with exciting scents of roses and Dead Sea Minerals. For a genuinely pampered experience.

## DEAD SEA FOOT CREAM

An effective formula to soften and smooth the skin. Contains natural anti-perspirant ingredients and Dead Sea minerals. Restores dry, cracked and rough skin. Pampers and calms tired and swollen feet, soothes and provides a sense of well being.

## DEAD SEA HAND CREAM

A highly protective moisturizing hand cream for cracked, rough and dry skin. Contains a high concentration of Dead Sea minerals. Leaves skin soft, supple and smooth.



## YAFFA ZHAV ORGANIC SLIMMING CREAM

Created to help individuals slim their bodies and remove cellulite. It operates using a caffeine like effect on the body. Through this action, it eliminates or reduces the amount of fat stored by the body. Over a longer period of time, it can effectively reduce the appearance of orange peel skin.

Contains active ingredients: Adiposlim, Adipoless, Aloe Vera, Shea Butter, Olive Oil, Jojoba Oil, Plukenetia volubilis seed oil.



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## DEFY YOUR AGE WITH YAFFA ZHAV NATURAL ROSE FACE AND BODY OIL

### PURE AND NATURAL ROSE FACE AND BODY OIL

The perfect solution to the problems caused by Australia's harsh climate and its dehydrating effects. Yaffa Zhav Natural Rose face and body oil penetrates much more deeply than Day and Night creams, and offers extended protection – in fact its rehydrating, nourishing and rejuvenating effects continue up to 24 hours after application. This face and body oil is 100% natural and chemical free, leaving your face and body silky and smooth, with a fragrance that is pure luxury. Hypo allergenic, made in South Australia, and created with no animal testing. Defy your age!

Yaffa Zhav Natural Rose Face & Body Oil contains:  
Essence of Rose, Rose Hip Oil, Rosewood Essence, Geranium, Grapeseed Oil and Sunflower Oil.



## YAFFA ZHAV SKIN CARE INGREDIENTS

Yaffa Zhav Skin Care products provide more than treatment alone, and also fulfill many of the skin's special needs.

The range contains a high concentration of active ingredients, providing a perfect solution for all stages of skin care, and guaranteeing immediate and long-lasting results. Every product in the range has been developed and thoroughly tested with state-of-the-art laboratory tests. The range is based entirely on ingredients extracted from plants.

The main ingredients comprising the Yaffa Zhav Skin Care Range include;

**OILS** – All oils are unsaturated and extracted entirely from plants. The principal oils used are: jojoba oil, sweet almond oil, olive oil, wheatgerm oil, rose hip oil. Natural linolenic acids produced mainly from evening primrose oil and borage oil. These acids are very close to oily acids that are naturally present in the skin.

**MOISTURISING ELEMENTS – NMF** – natural moisture factors similar to those that are naturally present in the skin. Amino acids, which are proteins that enrich the skin, imparting a high degree of moisture.

**HYALURONIC ACID** to add moisture and maintain moisture balance.

**SACCHAIDE ISOMERATE** – a high concentration of carbohydrates with a high sugar content, to add moisture and provide maximum protection of the skin's moisture balance.

### VITAMINS

All vitamins in the range are plant based.

**VITAMIN A** – the vitamin that promotes renewal of cells in the epidermis, thus delaying the skin's aging process. Vitamin A is present in an insoluble micro-capsule format that remains stable when mixed with other raw materials.

**VITAMIN C** – essential for the production of collagen (the material responsible for the skin's suppleness.) Protects against harmful environmental influences. Vitamin C is present in a micro-capsule format that remains stable and does not dissolve when mixed with other raw materials.

**VITAMIN E** – especially active on the outer membrane of the skin cell. Contains a particularly high concentration of anti-oxidant components and neutralizes free radicals. Especially vital in maintaining the skin's moisture. Produced mainly from wheatgerm.

**VITAMIN F** – maximizes the skin's suppleness, enhances metabolism and oxygen supply to skin cells and prevents loss of moisture.

**LIPOSOMES** – Micro-molecules that serve to help the active raw ingredients penetrate deeper into the skin's upper layers.

### SOOTHING ELEMENTS

**WITCH HAZEL** – a plant extract containing ingredients that are greatly soothing to the skin.

Allantoin – to soothe the skin and counteract floridity.

**ALOE BARBADENSIS** – extracted from the aloe vera plant, widely acknowledged for its soothing qualities.

**KAOLIN** – soothing elements to counteract swelling and floridity.

**LIPOGARD** – an exclusive ingredient that accelerates oxygen consumption in skin cells by activating the cell's energy centre and combining with the cell's "breathing" function. Protects against the rapid aging process.

**ALGAE** – micro-organisms that combine vitamins, minerals and enzymes, enabling them to be active in protecting against radiation and environmental damage. The algae are enriched with moisture, and help balance the natural moisture present in the skin, as well as providing the skin with an energy source.

### RADIATION FILTERS

All products in the range that are designed for daytime use contain radiation filters, the lowest being SPF-8 and the highest SPF-15.



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